



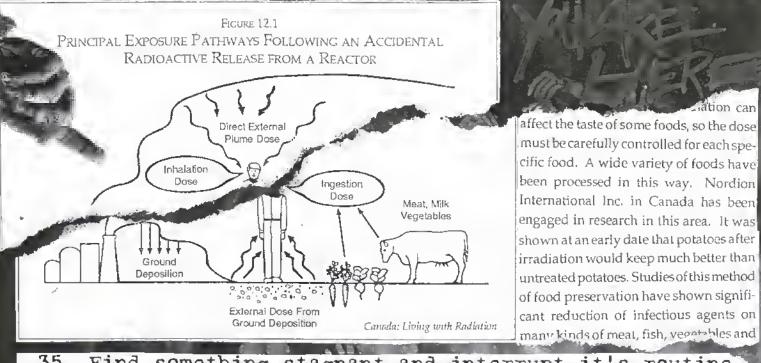
it starts, like most things, from a mix of frustration and necessity. but then, if you stay faithful and respectful, it blossoms into something much more—a liberation of yourself from dehumanizing, plastic safeways and save-ons, and a liberation of perfectly good food from the the dumpsters that carry said food to land fills. I AM A DUMPSTER MYER. dumpster divers are not: - crack heads - thieves, mouchers - to be made fun of! living in a system that gives you no choice but to support it through ear the test if you want to live (paying rent, paying for food, paying for clean water etc.), is not synonomous with living treely, no matter what anyone says, and, shit, I could never afford to eat donots (hundreds of them. thanks krispy kreme), raisin bread, hot cross bunsed bagels, and plenty more if i were lying for food.

that's were easily the best part of diving—i'm

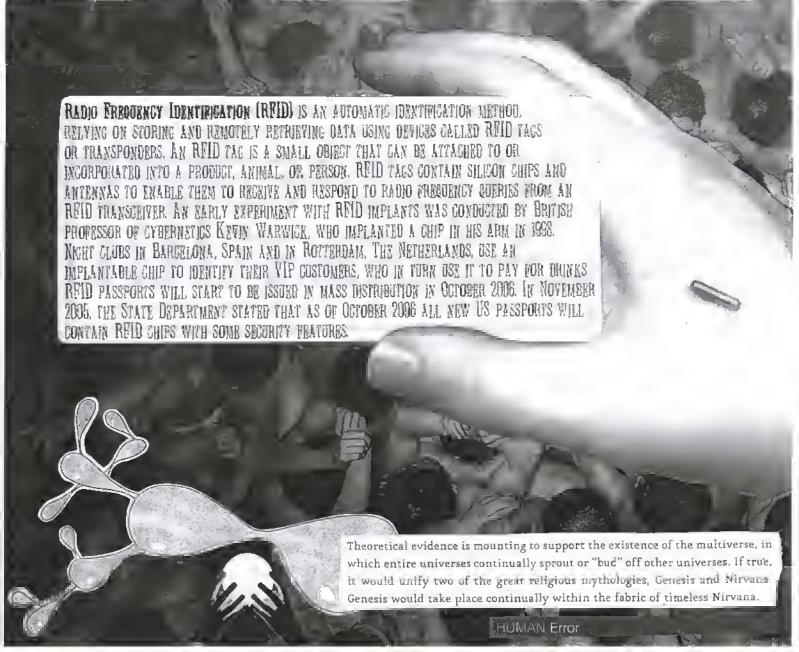
eating better, healthier, and more low than i ever did

when i was buying groceries go see what your local

tumpsters are hiding! here's someplaces to check: -grovery stories - bakeries/bagel shops/donut shops
- pizza places - restaurants (Nut)
- food banks
- thrift stres, etc. most of the time, what you want is still bagged, wrapped, and good to go (save the food that's genetically engineered and pesticide ridden, but it's just as good as if you'd bought it, anyway), you'll probably find stuff unhagged, too just use common sense. if it locks clean and all (seriously check!), take it home, check again under a better light than just your flashlight, and dean it off before eating it and remember - always leave the dumpster cleaner than how you found it. respect!



### 35. Find something stagnant and interrupt it's routine.





THEIR DERIVATIVES PAPER AND CONSTRUCTION, WERE BANNED IN DADER TO SAVE THE PLANET REVERSE THE GREENHOUSE EFFECT AND STOP DEFURESTATION ONTA ONE KNOMN WHUNTERABLE NATURAL RESOURCE THAT PROVIDING THE OVERALL MAJORITY OF THE WORLDS TRANSPORTATION WHILE SIMULTANEOUSLY REDUCING POLLUTION AND HOME ENEAGY NEEDS. AEBUILDING THE SOIL AND CLEANING THE ATMOSPHERE ALL AT THE AND THAT SUBSTANCE IS THE SAME ONE THAT DIO HEMP/CANNABIS/MARIJUANA!" JACK HEREA

Climatologists can now agree over consistent evidence that approximately 66% of the green house gases that cause global warming are man made. The freak storms, rising sea levels the displacement of millions of humans world wide will be the symptoms of what we as a civilization have created. The harm we have placed ourselves and our children is a byproduct of our current industrial practices; a monster of outdated technology, ignorance and greed. It's scary to think that we might have traded in our future in order to continue with "business as usual". It can be discouraging to consistently hear about the vast array of environmental problems that we face, without ever being offered any easily accessible solutions. Where can we find alternatives to burning fossil fuels, deforestation and using fertilizers? How can we possibly sustain our population any other way?

Measures to control green house gas emissions have already begun with the Kyoto protocol (a treaty formed by the United Nations Framework Convention on Climate Change, to encourage countries all over the world to reduce their emissions of carbon dioxide and five other green house gases, or engage in emissions trading if they maintain of increase these emissions) which was signed by 163 countries, with the exception of the United States (the worlds largest polluter) and Australia. With the U.S. declining from this treaty, we are still on the path to environmental disaster. U.S. President George. W. Bush stated that it would have been "impossible to meet the Kyoto requirements without compromising the U.S. economy." This may come as a surprise, but Bush is, in fact, wrong! There is a solution! The

solution is,,,HEMP!!!

Hemp is one of the most easily grown and versatile plants known to man! It has few insect enemies (especially in the U.S and Canada), it responds to most types of soil, has a huge potential to be grown organically and free of genetic modifications (since it already has all of the perfect planting and growing characteristics), and it grows incredibly fast (one acre of hemp can grow more than four times as much material as an acre of trees). Hemp is also bio diversity friendly, it is animal and especially bird friendly. Hemp can actually withstand UV radiation; it absorbs UV light while resisting damage to itself and providing protection for everything else. Hemp is risk free, pollution free, it does not be cause acid rain and it can reduce air born pollution by up to 80%. Hemp biomass, which is the fuel of derivative of hemp can be grown and produced at a fraction of the cost of fossil fuel. One acre of hemp equals 1000 gallons of methane! While Biomass production still produces green house gases, the excess carbon dioxide will be used up by the process of growing the hemp. It seems like common sense to grow our fuel rather than extracting it (by any means possible). It would create significant independence within countries that are self sustained by hemp farms. Would it be too far fetched to say that Hemp could spawn peace? (Or does one have to be a pot smoking hippy to speculate such possibilities?)

The reality is that Hemp as a versatile textile for everything from plastic products, to building materials (yes, you can make a strong beam out of hemp) to the perfect fuel. It is the only known plant

that can replace every industry polluter in the world and stop global warming!

So what can you do? First, educate yourself and those around you (the library and the internet are at our fingertips!). Second, contact your MP with the info have found and urge them to look at hemp as serious solution to global warming. Third, start a petition and create informative leaflets for the public. Fourth, make consumer choices that will announce your interest in hemp (in the same tone, avoid products that contribute to global warming). If you are interested in starting your own business, consider making it a hemp based product.

We can no longer ignore the warning signs, global warming is a real threat. We need to stop ignoring the solutions as well, and hemp is the solution. Remember, you don't have to be a hippy to grow hemp!



it's funny how much ment and respect we attach to a person based on their age - as if age means anything at all. if age were the main factor of intellect and experience then how is it that people the same age can vary so greatly, and how is it that some mature more than others, and others still never mature at all?

it's very simple, if you're willing to accept the answer (as is the case with most seemingly intricate matters) it is clear evidence of the soul, that exists above and beyond the physical body. It has lived before our current namesake, and it will live long after, but it is the soul itself which carries the true age of a person. youth with eyes of an elder, and elders with a glimmer of youth. now factor that into this whole cycle of power our society exists in today and you'll begin to understand the sense of imbalance those with true age actually fee!.

We all carry with us the wisdom of our true age, it is merely a matter of awakening it.

These are "age-old" ideas that can only be reworded and rephrased, never rewritten.

I spend alot of time using Transit, I'm not complaining, I'm just saying. Anyways, if you can find a quiet seat for your journey it can be an excellent opportunity for personal reflection—and mental organization, if you will—because unless it is your first time on the bus, you've seen it all before. You just want to get where you're going, just like the last time you took the bus.

Thurs nothing new to experience.

It is a repeat moment, a state of neutral experience. Nobody wants to be caught within a state of neutral experience, right? But then I look around me, and nearly everyone has an mp3 player unibilically attached to their skulls, lost in a song they've heard 100 times. It makes me realize that some people actually would rather duell in a state of neutrality rather than reflect upon reality, and this ever-growing imbalance troubles me.

let someone else climb the corporate ladder.

....YOURS HAS 23 STEPS.

Dear Right Honourable Steve Harper,

Right Honourable Mr. Harper, my name is Sheldon Birnie and I am writing to you today because I have a question: Mr. Harper, are you a robot?

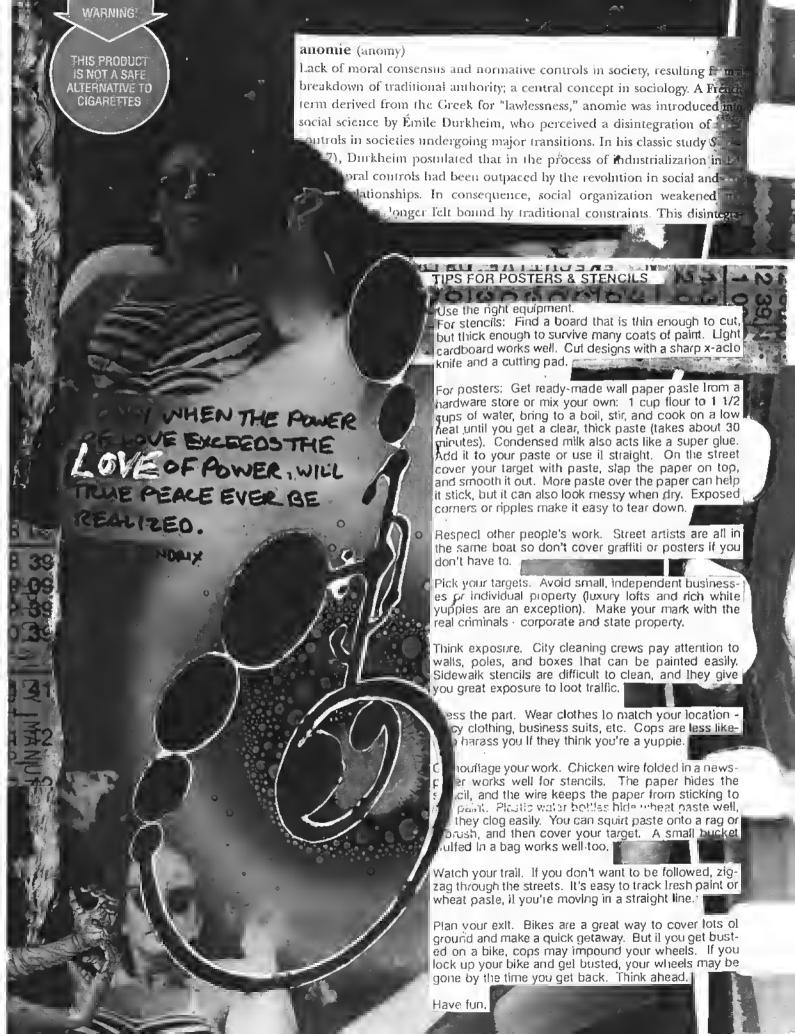
Hear me out, please. I mean no disrespect. It's only that, to me, it looks like you are being set up hard for a big fall in about 2 years time. Those damn willy Liberals have done this over and over again throughout our (Canadian) history and I wouldn't want to see this happen to a well-intentioned western boy (provided you're not a robot). I've noticed, Mr. Harper, that every time a non-Liberal government takes over for a "failed" Liberal one, they go to town as fast as they can to dismantle as much of what the Liberals "pushed through" government (usually "hot topic" issues which were only half-heartedly approved to demonstrate the "liberal views" of the right-wing Liberal party, as the Liberals know they will be repealed soon enough by cut throat Conservative capitalist zealots) before they are shut down by public outcry, restoring the Liberals to an overwhelming and long lived monopoly over the house of commons which seems to last a minimum of three brutally lang, soul sucking terms. Look what they did to Mulroney, Mr. Harper. You don't want to be the next National Failure, do you?

Why, Mr. Harper, would any clear thinking individual with a good head for business, politics, and all around common sense, willing set themselves up for such a fall? Certainly, Mr. Harper, you see my point? I imagine you're a level headed individual, and this is why I can see no logic in your drive for Conservative Supremacy given the history of Canadian

politics. Unless, of course, you are a robot. A Liberal robot programmed and sent to destroy the "credibility" of the Conservative party among the voting public and the viability of sald party to form any sort of reasonably competent and trustworthy opposition party for at least another 20 years, in order ensure continued Liberal monopolization of Canadian Federal politics. Please, Steve, say it aint so. If you are truly a well-intentioned Canadian boy, who could, somehow, be (according to a good friend of mine, one Matt Zimmer of Westbank, BC) "the greatest Canadian since Wayne Gretzky", then please, I implore you, explain to me, and anyone else who might be as puzzled as I am (and I may be the only one. though I highly doubt it) as to why you would play into such a cheap trick, a trick any decent human being wouldn't pull on his annoying little brother in even the most intense of Monopoly rounds. A dirty, foul, trick. A Liberal maneuver if ever there was one. You must know they will get you in the end. Steve. The zealousness of the well-intentioned (if completely insane, Western-movie wannabes posing as oil-magnates posing as politicians who make up the) men and women of the Conservative party will overstep their boundaries in the quest towards Unbridled Capitalism in the Great White North and the anger the of the easily duped voting public will eventually rain down upon them (and you in particular) like something out of your Bible, and once again, the Liberal Leeching Machine will have its mandibles sunk deep into the heart of the Canadian tax payer, and its fat, bloated ass on the seat of power. And neither of us want this, now, do we? Mr. Harper, again, I implore you not to take this letter as disrespect towards your person. While I am not an admirer of you or your politics. I do respect you as a (potential) human being and wish no ill will upon you (personally), much less the impending public thrashing I envision your character sustaining before the year 2008 hits us, and, undoubtedly our Economy, like a load of bricks off the top of a very tall building at the heart of the Toronto Stock Exchange. And so Mr. Prime Minister (enjoy it while it lasts!), I want to say that I hope you are not a robot, but a well intentioned, tho misguided, man, and I hope that, as a human, and not a Liberal robot, you will reconsider your present situation as leader of this country of ours and look deep within yourself before making any of these insane economic and social "revampings" you crazy Conservatives have planned for the fabric of our nation. Perhaps you will realize they are insane and will do no good for Canada, but only for a handful of heartless money grubbing sneaks who have somehow managed to get their fitthy hands on the coffers of everyday, hard working

Canadians, and we'll see the present Conservative-PQ alliance develop into a force for positive change at this critical juncture in Canadian federal politics rather than a whipping boy for the next Liberal government over the course of its next multi-term tenure, as the Mulroney government proved to be for the last one (though I, for one, am not holding my breath). Unless, of course, you are one of their robots, and then this entire letter will be of no relevance to you whatsoever, because you would be a robot, and have no feelings or thoughts of your own, whereupon everything I've written about become moot. If that is the case, then I hope you short-circuit soon, and that your body rusts and corrodes in some disgusting abandoned oil disaster in northern Alberta until the dust of a dead prairie covers what's left of your gears and your pinching metal hands from the light of day for all eternity.

from the light of day for all eternity.
Yours truly, and with utmost respect towards my human brothers and sisters, among whom I hope to find you,
Sheldon Birnie
Dawson Creek, B.C.

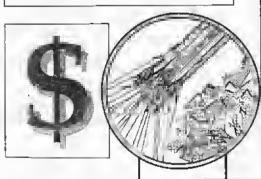


# THE MANY USES OF HEMP

## The World's Most Valuable & Versatile Natural Resource



& COMMERCIAL USE. Hemp is dried and broken down into two parts: threadlike fibers and bits of "hurd," or pulp. Each of these products has its own distinct applications:

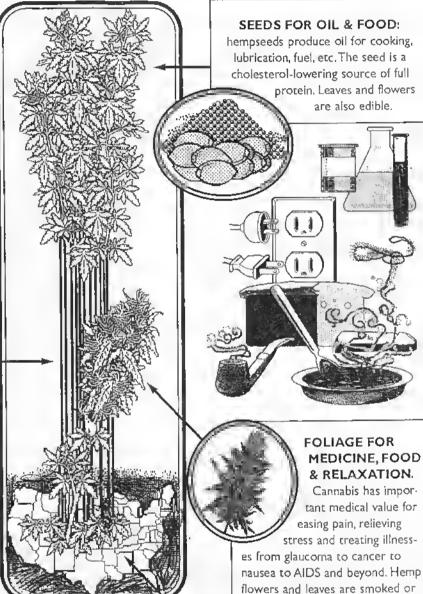


#### THE LONG BARK FIBER

is cleaned and spun into threads and yarn for rope or knit or woven into a variety of durable, high-quality textiles for clothing, canvas and fabrics of many types and textures.

Presented as a public service by the

BUSINESS ALLIANCE FOR COMMERCE IN HEMP P.O. Box 71093, L.A. CA 90071



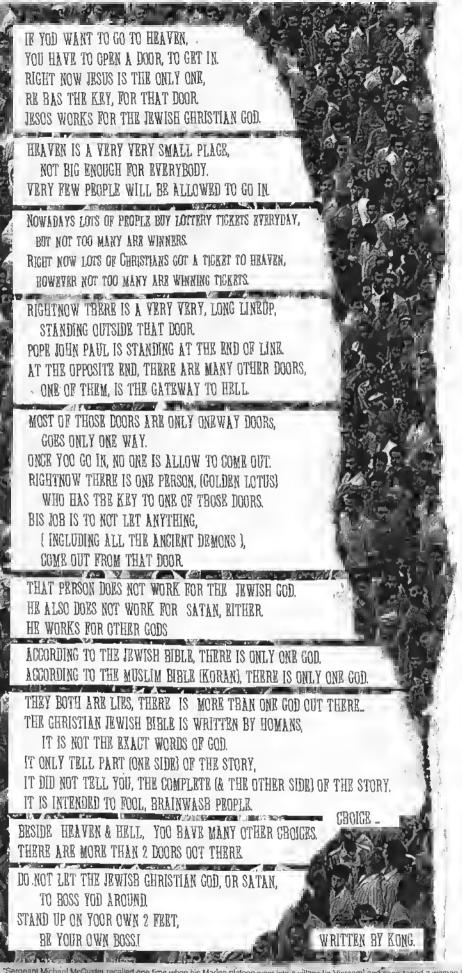
THE INNER CORE that remains is called hemp hurds, with cellulose for tree-free, dioxin-free paper; non-toxic paints and sealants; industrial fabrication materials; construction materials; hemi-cellulose for plastic, and much more! Hemp is the best sustainable source of plant pulp for biomass fuel to make charcoal, gas, methanol, gasoline or even produce electricity.

#### ROOTED IN NATURE:

Even the hemp roots play an important role: they anchor and aerate the soil to control erosion and mudslides. Hemp can save family farms, create jobs, reduce acid rain and chemical pollution, and reverse the Greenhouse effect.

eaten for many therapeutic, religious and relaxational purposes.

Recommended Reading: The Emperor Wears No Clothes by Jack Herer Hemp, Lifeline to the Future by Chris Conrad



eant Michael McCuster recalled one time when his Marine platoon went into a village [in Vietnam] and gang-raped a woman (the nan to rape her, shot her). He recalled that their sergeant look no part in the raid. It was against his motals. So instead of telling his d not to do it, because they wouldn't listen to him anyway, the sergeant went into another side of the village and fust sat and stared leakly at the ground.—Irom An Inlimate History of Killing, p. 200. McCuster's quote is from Vietnam Veterans Against the War, The Vinter Soldier Investigation (1972), p. 29. [http://www.thememoryhole.org]

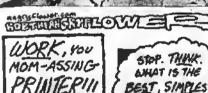
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"Nobody made a greater mistake than he who did nothing because he could only do a little." Edmund Burke









TEMPLATE, IT WAS A SIMPLE PROCESS TO GENERATE AN ORGANISM FULLY CAPABLE OF FIANG MY PRINTER!











OKAY, SLOGOR, YOU TUST SIT THERE AND MENER MOVE AGAINI

